

GP Emmanuel VL: Session: 1: COACH evaluation sheet for TEAM: DMI

Coachinfo: Warming up from: 13:30 untill 14:20. Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Van der Elst Astrid

Coaches: Moerman Pieter

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M BUTTERFLY WOMEN 11+

Heat:8, starttime: 14:40

Heat: 8/9 Lane : 3 Athlete: VANLANCKER YNTHE		Q-time: 00:32:74
PB (50m pool): no time		PB (25m pool): 00:32.74 SB: no time
5 0 M		
PB	no time	
	no time	
.		

Coach feedback:

Event number: 1: 50M BUTTERFLY WOMEN 11+

Heat:9, starttime: 14:40

Heat: 9/9 Lane : 6 Athlete: DEBECKER CHARLOTTE		Q-time: 00:30:97
PB (50m pool): 00:30.97 Antwerpen 27/07/2025		PB (25m pool): 00:29.51 SB: no time
5 0 M		
PB	00:30.97	
	00:30.97	
.		

Coach feedback:

Event number: 1: 50M BUTTERFLY WOMEN 11+

Heat:9, starttime: 14:40

Heat: 9/9 Lane : 7 Athlete: DHAESELEER FRAN		Q-time: 00:31:60
PB (50m pool): 00:31.13 Zwembad Brigitte Bocue Oostend 10/09/2024		PB (25m pool): 00:31.12 SB: no time
5 0 M		
PB	00:31.13	
	00:31.13	
.		

Coach feedback:

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Event number: 2: 50M BUTTERFLY MEN 11+

Heat:9, starttime: 14:50

Heat: 9/9 Lane : 6 Athlete: DEBECKER MATHEO

Q-time: 00:29:62

PB (50m pool): no time

PB (25m pool): 00:29.62 SB: no time

50 M	
PB	no time
	no time

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 11+

Heat:1, starttime: 15:00

Heat: 1/9 Lane : 5 Athlete: VANLANCKER YNTHE

Q-time: 99:99:99

PB (50m pool): no time

PB (25m pool): 00:34.64 SB: no time

50 M	
PB	no time
	no time

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 11+

Heat:9, starttime: 15:10

Heat: 9/9 Lane : 4 Athlete: DEBECKER CHARLOTTE

Q-time: 00:31:24

PB (50m pool): 00:32.78 Antwerpen 28/07/2024

PB (25m pool): 00:31.10 SB: no time

50 M	
PB	00:32.78
	00:32.78

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 11+

Heat:9, starttime: 15:10

Heat: 9/9 Lane : 6 Athlete: DHAESELEER FRAN

Q-time: 00:32:71

PB (50m pool): no time

PB (25m pool): 00:32.71 SB: no time

50 M	
PB	no time
	no time

Coach feedback:

GP Emmanuel VL: Session: 1: COACH evaluation sheet for TEAM: DMI

Event number: 4: 50M BACKSTROKE MEN 11+

Heat:9, starttime: 15:20

Heat: 9/9 Lane : 8 Athlete: DEBECKER MATHEO

Q-time: 00:32:11

PB (50m pool): 00:32.11 Kortrijk 04/05/2025

PB (25m pool): 00:30.49 SB: no time

5 0 M	
PB	00:32.11
	00:32.11

Coach feedback:

Event number: 5: 50M BREASTSTROKE WOMEN 11+

Heat:7, starttime: 15:35

Heat: 7/9 Lane : 4 Athlete: VANLANCKER YNTHE

Q-time: 00:39:00

PB (50m pool): 00:39.00 Kortrijk 04/05/2025

PB (25m pool): 00:37.10 SB: no time

5 0 M	
PB	00:39.00
	00:39.00

Coach feedback:

Event number: 5: 50M BREASTSTROKE WOMEN 11+

Heat:8, starttime: 15:40

Heat: 8/9 Lane : 5 Athlete: DHAESELEER FRAN

Q-time: 00:37:45

PB (50m pool): 00:36.55 Antwerp 14/04/2024

PB (25m pool): 00:35.04 SB: no time

5 0 M	
PB	00:36.55
	00:36.55

Coach feedback:

Event number: 5: 50M BREASTSTROKE WOMEN 11+

Heat:9, starttime: 15:40

Heat: 9/9 Lane : 4 Athlete: DEBECKER CHARLOTTE

Q-time: 00:34:29

PB (50m pool): 00:34.29 Antwerpen 27/07/2025

PB (25m pool): 00:33.00 SB: no time

5 0 M	
PB	00:34.29
	00:34.29

Coach feedback:

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Event number: 6: 50M BREASTSTROKE MEN 11+

Heat:8, starttime: 15:50

Heat: 8/9 Lane : 8 Athlete: DEBECKER MATHEO

Q-time: 00:37:85

PB (50m pool): 00:50.44 Zwembad Brigitte Becue Oostend 27/07/2025 PB (25m pool): 00:37.85 SB: no time

50 M	
PB	00:50.44
	00:50.44

Coach feedback:

Event number: 7: 50M FREESTYLE WOMEN 11+

Heat:7, starttime: 16:05

Heat: 7/9 Lane : 8 Athlete: VANLANCKER YNTHE

Q-time: 00:31:22

PB (50m pool): 00:31.22 Antwerpen 20/04/2025 PB (25m pool): 00:29.22 SB: no time

50 M	
PB	00:31.22
	00:31.22

Coach feedback:

Event number: 7: 50M FREESTYLE WOMEN 11+

Heat:9, starttime: 16:05

Heat: 9/9 Lane : 2 Athlete: DEBECKER CHARLOTTE

Q-time: 00:28:53

PB (50m pool): 00:28.53 Antwerpen 27/07/2025 PB (25m pool): 00:27.59 SB: no time

50 M	
PB	00:28.53
	00:28.53

Coach feedback:

Event number: 7: 50M FREESTYLE WOMEN 11+

Heat:9, starttime: 16:05

Heat: 9/9 Lane : 5 Athlete: DHAESELEER FRAN

Q-time: 00:27:88

PB (50m pool): 00:27.88 Antwerpen 27/07/2025 PB (25m pool): 00:27.66 SB: no time

50 M	
PB	00:27.88
	00:27.88

Coach feedback:

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Event number: 8: 50M FREESTYLE MEN 11+

Heat:7, startime: 16:15

Heat: 7/9 Lane : 3 Athlete: DEBECKER MATHEO

Q-time: 00:28:44

PB (50m pool): 00:28.44 Antwerpen 20/04/2025

PB (25m pool): 00:26.84 SB: no time

50 M	
PB	00:28.44
	00:28.44
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Coach feedback: