

# GP Emmanuel VL: Session: 1: COACH evaluation sheet for TEAM: DMI

Coachinfo: Warming up from: 13:30 untill 14:20. Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Van der Elst Astrid

Coaches: Moerman Pieter

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M BUTTERFLY WOMEN 11+

Heat:8, starttime: 14:40

Heat: 8/9 Lane : 3 Athlete: VANLANCKER YNTHE

Q-time: 00:32:74

PB (50m pool): no time

PB (25m pool): 00:32.74 SB: no time

	<b>5 0 M</b>	
PB	no time	
	<i>no time</i>	
	. . . . .	

Coach feedback:

Event number: 1: 50M BUTTERFLY WOMEN 11+

Heat:9, starttime: 14:40

Heat: 9/9 Lane : 6 Athlete: DEBECKER CHARLOTTE

Q-time: 00:30:97

PB (50m pool): 00:30.97 Antwerpen 27/07/2025

PB (25m pool): 00:29.51 SB: no time

	<b>5 0 M</b>	
PB	00:30.97	
	<i>00:30.97</i>	
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Coach feedback:

Event number: 1: 50M BUTTERFLY WOMEN 11+

Heat:9, starttime: 14:40

Heat: 9/9 Lane : 7 Athlete: DHAESELEER FRAN

Q-time: 00:31:60

PB (50m pool): 00:31.13 Zwembad Brigitte Becue Oostend 10/05/2025

PB (25m pool): 00:31.12 SB: no time

	<b>5 0 M</b>	
PB	00:31.13	
	<i>00:31.13</i>	
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Coach feedback:

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Event number: 2: 50M BUTTERFLY MEN 11+			Heat:9, starttime: 14:50		
Heat: 9/9 Lane : 6 Athlete: DEBECKER MATHEO			Q-time: 00:29:62		
PB (50m pool): no time			PB (25m pool): 00:29.62 SB: no time		
	5 0 M				
PB	no time				
	no time				
	.				

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 11+			Heat:1, starttime: 15:00		
Heat: 1/9 Lane : 5 Athlete: VANLANCKER YNTHE			Q-time: 99:99:99		
PB (50m pool): no time			PB (25m pool): 00:34.64 SB: no time		
	5 0 M				
PB	no time				
	no time				
	.				

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 11+			Heat:9, starttime: 15:10		
Heat: 9/9 Lane : 4 Athlete: DEBECKER CHARLOTTE			Q-time: 00:31:24		
PB (50m pool): 00:32.78 Antwerpen 28/07/2024			PB (25m pool): 00:31.10 SB: no time		
	5 0 M				
PB	00:32.78				
	00:32.78				
	.				

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 11+			Heat:9, starttime: 15:10		
Heat: 9/9 Lane : 6 Athlete: DHAESELEER FRAN			Q-time: 00:32:71		
PB (50m pool): no time			PB (25m pool): 00:32.71 SB: no time		
	5 0 M				
PB	no time				
	no time				
	.				

Coach feedback:

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<b>Event number: 4: 50M BACKSTROKE MEN 11+</b>		<b>Heat:9, starttime: 15:20</b>
<b>Heat: 9/9 Lane : 8 Athlete: DEBECKER MATHEO</b>		<b>Q-time: 00:32:11</b>
PB (50m pool): 00:32.11 Kortrijk 04/05/2025		PB (25m pool): 00:30.49 SB: no time
	<b>5 0 M</b>	
PB	00:32.11	
	00:32.11	
	. . . . .	

Coach feedback:

<b>Event number: 5: 50M BREASTSTROKE WOMEN 11+</b>		<b>Heat:7, starttime: 15:35</b>
<b>Heat: 7/9 Lane : 4 Athlete: VANLANCKER YNTHE</b>		<b>Q-time: 00:39:00</b>
PB (50m pool): 00:39.00 Kortrijk 04/05/2025		PB (25m pool): 00:37.10 SB: no time
	<b>5 0 M</b>	
PB	00:39.00	
	00:39.00	
	. . . . .	

Coach feedback:

<b>Event number: 5: 50M BREASTSTROKE WOMEN 11+</b>		<b>Heat:8, starttime: 15:40</b>
<b>Heat: 8/9 Lane : 5 Athlete: DHAESELEER FRAN</b>		<b>Q-time: 00:37:45</b>
PB (50m pool): 00:36.55 Antwerp 14/04/2024		PB (25m pool): 00:35.04 SB: no time
	<b>5 0 M</b>	
PB	00:36.55	
	00:36.55	
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Coach feedback:

<b>Event number: 5: 50M BREASTSTROKE WOMEN 11+</b>		<b>Heat:9, starttime: 15:40</b>
<b>Heat: 9/9 Lane : 4 Athlete: DEBECKER CHARLOTTE</b>		<b>Q-time: 00:34:29</b>
PB (50m pool): 00:34.29 Antwerpen 27/07/2025		PB (25m pool): 00:33.00 SB: no time
	<b>5 0 M</b>	
PB	00:34.29	
	00:34.29	
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Coach feedback:

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Event number: 6: 50M BREASTSTROKE MEN 11+		Heat:8, starttime: 15:50
Heat: 8/9 Lane : 8 Athlete: DEBECKER MATHEO		Q-time: 00:37:85
PB (50m pool): 00:50.44 Zwembad Brigitte Becue Oostend 27/07/2025 PB (25m pool): 00:37.85 SB: no time		
	5 0 M	
PB	00:50.44	
	00:50.44	
	. . . . .	

Coach feedback:

Event number: 7: 50M FREESTYLE WOMEN 11+		Heat:7, starttime: 16:05
Heat: 7/9 Lane : 8 Athlete: VANLANCKER YNTHE		Q-time: 00:31:22
PB (50m pool): 00:31.22 Antwerpen 20/04/2025 PB (25m pool): 00:29.22 SB: no time		
	5 0 M	
PB	00:31.22	
	00:31.22	
	. . . . .	

Coach feedback:

Event number: 7: 50M FREESTYLE WOMEN 11+		Heat:9, starttime: 16:05
Heat: 9/9 Lane : 2 Athlete: DEBECKER CHARLOTTE		Q-time: 00:28:53
PB (50m pool): 00:28.53 Antwerpen 27/07/2025 PB (25m pool): 00:27.59 SB: no time		
	5 0 M	
PB	00:28.53	
	00:28.53	
	. . . . .	

Coach feedback:

Event number: 7: 50M FREESTYLE WOMEN 11+		Heat:9, starttime: 16:05
Heat: 9/9 Lane : 5 Athlete: DHAESELEER FRAN		Q-time: 00:27:88
PB (50m pool): 00:27.88 Antwerpen 27/07/2025 PB (25m pool): 00:27.66 SB: no time		
	5 0 M	
PB	00:27.88	
	00:27.88	
	. . . . .	

Coach feedback:

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Event number: 8: 50M FREESTYLE MEN 11+		Heat:7, starttime: 16:15
Heat: 7/9 Lane : 3 Athlete: DEBECKER MATHEO		Q-time: 00:28:44
PB (50m pool): 00:28.44 Antwerpen 20/04/2025 PB (25m pool): 00:26.84 SB: no time		
	5 0 M	
PB	00:28.44	
	00:28.44	
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Coach feedback: